



# GREEN

Traiteur & Café

## CATERING MENU



**MY CATERING SERVICE  
AT THE OFFICE.**

**MY CATERING SERVICE  
AT HOME.**

Catering is not just a variety of dishes lined up on a white tablecloth. It is an art that sparks the imagination and inspires creativity so that every plate and every bite delights and amazes. At Green, Traiteur & Café, we understand this well. We are committed to providing you with reliable, fast service tailored to your tastes and budget, whether you are organizing an office lunch, a private reception, a corporate event, or a business meal.

Whether it's for 10 guests or 100, our passionate team is dedicated to bringing you the best of our local cuisine and offering your guests a culinary experience that goes beyond expectations. Trust us with your events, it will be our pleasure to serve you. We are confident that you'll love it!

**GREEN**  
Traiteur & Café



# HOMEMADE JUICE

Freshly squeezed juice

- Spinach & banana
- Strawberry
- Mango
- Kale
- Blueberries

6.35

## PASTRIES

4.25

Assortment of soft & flaky pastries.

Choice of:

- All-butter croissant
- Almond croissant
- Chocolate & hazelnut croissant
- Maple & pecan pastry

## YOGURT CUP

6.75

With blueberries, strawberries, honey, and granola cereal



## FRUITS CUP

5.95

Fresh seasonal fruit



## GOURMET MUFFIN

4.25

Assortment of freshly baked muffins

Our selection:

Carrots, cranberries, bananas, blueberries, dates, raspberries.



# THE IMPORTANCE OF NUTRITION IS SLOW TO FIND ITS PLACE IN THE WORKPLACE

A large number of companies focus more on their employees' fitness than on the importance of nutrition.

## OFFERING EMPLOYEES LUNCH IMPROVES PRODUCTIVITY

A balanced meal containing grains, vegetables, and/or fruit helps maintain employees' energy levels for the rest of the day.



At Green, it's easy to eat balanced meals. Who wouldn't want to be able to count on employees who are cheerful, energetic, and focused on their goals? It's well known that healthy employees are more productive.



# LUNCH BOX

Green combines simplicity and refinement with its individual lunch box.

This formula includes:

Gourmet sandwich

+ Side salad

+ Refreshing beverage

17.75



# GOURMET CONVERSATIONS

Introduce your guests to our unique and delicious salads and sandwiches. Create your own sandwich platter from our selection\* and accompany it with two salads of your choice.



**SANDWICH SELECTION :** Tuna & cucumber | Eggplant & goat cheese | Fresh tomatoes & cheese | Grilled chicken tahini | Prosciutto & bocconcini | Smoked salmon | Brie, apples & walnuts | Vegetarian | Roast beef

**SALAD SELECTION :** Green | Summer | Pasta | Couscous | Spring Beets | Chickpeas

**FROM 39.95 EACH**





OUR  
SANDWICHES  
ARE SERVED  
ON A PLATTER.

## SANDWICHES

Assorted gourmet sandwiches.

11.50





# OUR BOWLS

16.50

## **Health**

Wild rice, quinoa, tomato, chickpeas, edamame, chicken. Cilantro vinaigrette.

## **Energy**

Quinoa, chickpeas, edamame, lentils, mushrooms, beets, cucumber, tomatoes, onions, goat cheese. Garlic and lemon vinaigrette.

## **Asian**

Brown rice, red cabbage, bok choy, bean sprouts, carrots, edamame, tofu, and peanuts. Asian vinaigrette.

## **Bouddha**

Quinoa, edamame, lentils, bok choy, tomato, chicken, parsley, mint. Chipotle vinaigrette.

## **Mediterranean**

Brown rice, feta cheese, tomato, cucumber, olives, carrots, onions, dried figs, chicken, pine nuts, mint. Lemon and garlic dressing.



# OUR SALADS

16.50



## Niçoise tuna

Mesclun salad, cucumber, tomato, egg, chickpeas, tuna. Garlic and lemon dressing.  
**(Vegetarian)**

## Niçoise chicken

Mesclun salad, cucumber, tomato, egg, chickpeas, chicken. Garlic and lemon dressing.

## Smoked salmon

Mesclun salad, cucumber, tomato, egg, walnuts, smoked salmon.  
Garlic and lemon dressing. **(Vegetarian)**

## Spring

Mesclun greens, cucumber, tomato, pine nuts, feta cheese, pita chips, cranberries, and dried figs. Raspberry vinaigrette.  
**(Vegetarian)**

## Summer

Mesclun greens, cucumber, apple, blue cheese, dried cranberries, walnuts, pine nuts, pita chips.  
Raspberry vinaigrette. **(Vegetarian)**

## Goat cheese

Mesclun salad, cucumber, tomato, pine nuts, goat cheese, pita chips.  
Garlic and lemon dressing. **(Vegetarian)**

## Quinoa & turkey

Mesclun salad, cucumber, apple, quinoa, cranberries, pita chips, and turkey.  
Raspberry and lemon vinaigrette.

## Green

Mesclun salad, cucumber, tomato, dried cranberries, pine nuts, bocconcini, and mandarin orange.  
Raspberry vinaigrette.

## Comforting

Mesclun, romaine lettuce, cucumber, tomatoes, lentils, chickpeas, quinoa, onion, roasted squash & feta cheese.  
Tahini vinaigrette.



# CAPRESE PLATTER

fresh tomatoes, bocconcini,  
green pesto, basil  
& olive oil

6.95 PER PERSON







# COCKTAIL BITES

A selection of colorful bites served  
on our freshly baked bagels



A photograph of a smoked salmon platter. The platter is a white rectangular dish filled with slices of smoked salmon, garnished with lemon wedges, white onion rings, and small green capers. In the background, there are several sesame seed bagels, some with a spread of cream cheese, and a small white bowl containing more cream cheese. The entire scene is set on a rustic wooden surface.

## SMOKED SALMON

Be chic and serve our smoked salmon platter to your guests. Capers, onions, lemon wedges, cream cheese, and sesame bagels complete this much-loved platter.

**9.75 PER PERSON**





## SWEETS

Will you be tempted by our  
exquisite desserts?

**4.25 PER PERSON**



## COFFEES

Filter coffee thermos, an exclusive blend  
from Green Traiteur & Café.

**THERMOS (10-12 CUPS) : 37.50**



# ORDERING TERMS AND CONDITIONS

## ORDERS

Orders can be placed in person, by phone, on our website [greencafe.ca](http://greencafe.ca), or by email, 24 hours in advance, on weekdays (contact details on the next page). Orders placed on our website are delivered on weekdays, except holidays. We acknowledge receipt of orders placed by email or online within 24 hours. If you have not received a response, please contact us again by phone. For last-minute events, we invite you to call us and we will do our best to meet your needs.

## DEPOSIT AND SERVICE FEES

A 15% service charge applies to all orders, and shipping charges may apply. Prices listed in the brochure are subject to change without notice. Please inquire when placing your order. A 30% deposit may be required at the time of order.

## SELECTION & PRESENTATION

We do our best to ensure that all our products are available. However, our current selection and product presentation may vary.

## ALLERGIES & INTOLERANCE

All our products may contain traces of nuts or peanuts. For any other allergies or intolerances, please let us know your requirements and we will do our best to accommodate you.

## DELIVERY AND PICKUP

Le périmètre de livraison peut varier d'un Green à l'autre. Communiquez avec nous pour valider les différentes options.

Out of respect for the environment, we opt for reusable trays, tableware, and utensils whenever possible. We provide Green-branded napkins made from recycled paper. Our coffee service includes milk, cream, sugar, stir sticks, and printed cups.

**PLEASE DO NOT HESITATE TO SHARE ANY SPECIAL REQUESTS WITH US.  
WE WILL DO OUR UTMOST TO CREATE A MENU TAILORED TO YOUR NEEDS.**

***Visit [greentraiteuretcave.com](http://greentraiteuretcave.com) & call us toll-free 1 888 395-2354***